



New Beginning Animal Sanctuary

Leafy Greens

Leafy Greens 1 (High in Oxalic Acid) (Only 1 of these varieties should be given daily due to oxalic acid toxicity)

Beet greens

Mustard Greens

Parsley

Radish Tops

Spinach

Sprouts
Swiss Chard



Leafy Green 2 (Low Oxalic Acid)

Arugula

Bok Choy

Carrot tops

Chicory

Cucumber Leaves

Dandelion leaves

Endive (Escarole)

Fennel (leafy top & base)

Frisee Lettuce

Kale (all variety)

Mache

Radicchio

Raspberry leaves

Red or green lettuce

Romaine lettuce

Spring greens

Turnip greens

Watercress



Non-Leafy Veggies

Bell Peppers (any color)
Broccoli (leaves & stems, use sparingly, can cause gas)

Broccolini (sparingly, can cause gas)

Brussel sprouts (sparingly, gas)

Cabbage (any type, sparingly, gas)

Carrots (sparingly, lots of sugar)

Celery (small pieces, sparingly)

Chinese pea pods (flat kind, w/out large peas)

Kohlrabi (sparingly)

Pumpkin (sparingly, lots of sugar)

Summer squash

Zucchini squash

Herb Plants

Basil (any type)

Cilantro

Coriander

Dill leaves

Lemon Balm

Mint (any variety)

Nettle (only dried)

Oregano

Rosemary

Sage

Tarragon

Thyme



Flowering Plants

Borage
Caraway
Chamomile
Chervil

Clover (check source for pesticide use)

Comfrey

Hibiscus

Lady's Smock

Lavender

Lovage
Nasturtiums

Pansies

Roses

Salade Burnet



Fruit Bearing Plants

Apple (any variety, no stem, core or seeds)

Apricot (remove pit, not dried)

Banana

Berries (any type, uncooked)

Cherries (remove pit)

Currants

Kiwi

Papaya (not dried)

Pear

Peach (remove pit)

Pineapple (remove skin)

Plum (remove pit)

Mango

Melons (any—can include peel & seeds)

Nectarine (remove pit)





New Beginning Animal Sanctuary

UNSAFE FOODS FOR *Rabbits*



Iceberg Lettuce



Chocolate



Garlic



Avocado



Kidney beans



Fruit pits



Dairy



Mushrooms



Potatoe



Leak



Rhubarb



Onion